

# NO GET HURT Hawaii



Ride safe and wear a helmet.



Heed lifeguards and warnings before entering the water

Safety illustration courtesy of Hawaiian Lifeguard Association



Fall-proof your home



Call 911 or the police if you suspect abuse



Pedestrians: Use crosswalks  
Drivers: Look out for pedestrians



Use child safety locks



Keep your eyes on your kids



Know the signs of suicide  
Help friends get help

## Injuries are preventable.



[www.nogethurt.hawaii.gov](http://www.nogethurt.hawaii.gov)

A reminder from the Hawaii State Department of Health and its community partners.

